Information for Insurance Companies

Why You Should Accept the NCC Credential for Third Party Reimbursements

Cost Savings for Competent Service

National Certified Counselors (NCCs) all have master's degrees. Required coursework includes psychotherapeutic theories and techniques, diagnosis and treatment planning, group therapy, and assessment. Supervised practica and internships in therapeutic work with clients are also required. The NCC credential assures counselor competence in all the areas that are essential for mental health service providers.

Availability and Access

There are more than 42,000 NCCs working in every state in the US. NCCs serve an estimated half million clients each year. The NCC Registry at www.nbcc.org offers easy access to NCCs and can be searched by counselor location, name or certificate number. NBCC's Counselor Find feature offers the same access to NCCs who accept referrals and provides their business city, state and phone numbers.

National Counselor Certification through NBCC: History and Requirements

The National Board for Certified Counselors (NBCC) was founded by the American Counseling Association (ACA) in 1982 in order to bring national leadership and credentialing to the counseling profession. Today, NBCC examinations (the NCC, NCMHCE and the EMAC) are used by every state counselor licensing board in the United States.

In order to obtain the NCC credential, a counselor must complete the following:

- Degree: A master's degree in counseling from a regionally accredited university
- Academic Hours: At least 48 semester or 72 quarter graduate-level academic hours with at least two academic terms of supervised counseling field experience
- Required Coursework: Human Growth and Development, Social & Cultural Foundations, Counseling Theories and Skills, Group Counseling, Career Development, Psychometric Assessment, Research, Professional Identity & Ethics, supervised counseling field experience.
- Experience and Supervision: A minimum of 3,000 hours of supervised counseling practice and 100 hours of direct counseling supervision, both over a 24 month post-master's period. Graduates of programs accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) are exempt from this requirement due to the rigor of their academic training.

Code of Ethics

NBCC maintains a professional code of ethics and a highly regarded ethics adjudication procedure. When necessary, NBCC will sanction or revoke a counselor's certification for ethics violations.

The NCC: A Voluntary National Credential for the Dedicated Professional

NBCC requirements for counselor certification help ensure that counselors holding NBCC credentials meet the high standards set by the profession. Just as physicians who voluntarily obtain board certification in their medical specialty have demonstrated a higher level of professional commitment than their colleagues who hold only the required state medical license, counselors who hold the NCC credential have demonstrated a similar commitment to professionalism.

More information about NBCC and the requirements and standards for the NCC credential are available at www.nbcc.org.

